# From concept to patient: 5 key factors for successful Medical Device Development

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MEDISCHE ELEKTRONICA Ontwikkelingen, normen en toepassingen



#### 2003 - Theranos founded

2004 - \$6.9 mln funding - \$30 mln valuation

2007 - \$42.2 mln funding - \$197 mln valuation



#### 2010 - \$1 billion valuation

2013 - International launch

2014 - \$400 million funding - \$9.0 billion valuation

2015 - Capital BlueCross choses Theranos as preferred provider

#### 2015 - Wall Street Journal article

2015 - FDA warning (483 form)

2015/17 - Articles, reports and lawsuits

2018 - SEC charges Theranos and CEO Elizabeth Holmes with fraud

#### 2022 - Elizabeth Holmes sentenced to 11 years in prison



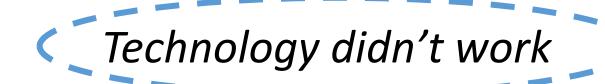
# THE WALL STREET JOURNAL

### Hot Startup Theranos Has Struggled With Its Blood-Test Technology

Silicon Valley lab, led by Elizabeth Holmes, is valued at \$9 billion but isn't using its technology for all the tests it offers

By John Carreyrou Follow Updated October 16, 2015

# What did go wrong with this Medtech company?



And what can we do about it?

Patients received wrong diagnosis



Company goes out of business



Investors loose money





# 1) The power of Proof of Concepts (PoC)

#### What?

The main goal of a PoC is the **verification** of the **core idea** or **function**.

(It's not a prototype or a market-ready solution!)

#### Why?

Reduce risk. Save time and money instead of investing in a flawed concept

#### How?

- 1. Break-down your concept into core functions
- 2. Identify the ones with the highest risk
- 3. Define a test setup. What are the intended outcomes and how do you measure them?
- 4. Execute
- 5. Evaluate and decide (all fact-based!)



# 1) The power of Proof of Concepts (PoC)

#### What are the benefits of a good PoC?

- 1.Demonstrate feasibility based on evidence
- 2. Gain buy-in from stakeholders and obtain approval for development
- 3.Enhanced trust
- 4. Product development timeline and costs become more predictable







# 2) Strong product definition, validated with stakeholders

#### Some characteristics of Medtech development:

- 1) A great idea is not always a great business
- 2) Pivoting is quite impossible
- 3) Commercialization is often underestimated

#### 4 views:

- 1) Patient / User: great idea versus patient needs
- 2) Competitors: how to differentiate from existing products?

risk of IP infringement...

- 3) Reimbursement: who will pay?
- 4) Suppliers: viable and feasible?



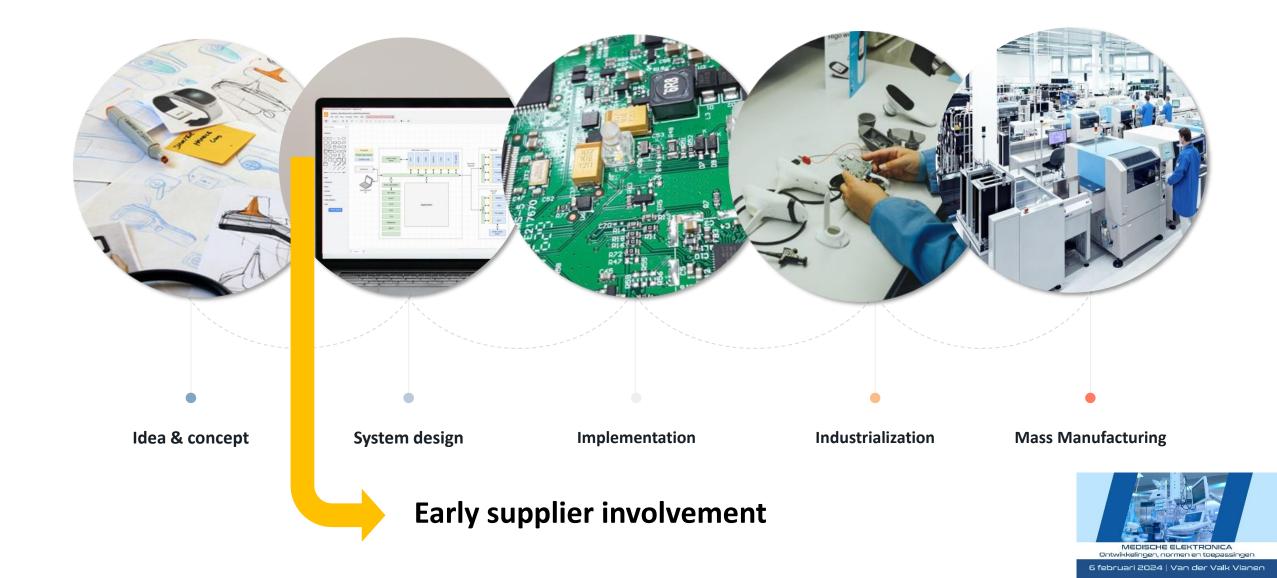


# 3) Team extension through early supplier involvement





# Typical product development process



# 4) The importance of verification & validation

• **Verification:** confirmation by examination and provision of objective evidence that specified requirements have been fulfilled

 Validation: establishing by objective evidence that device specifications conform with user needs and intended use(s)

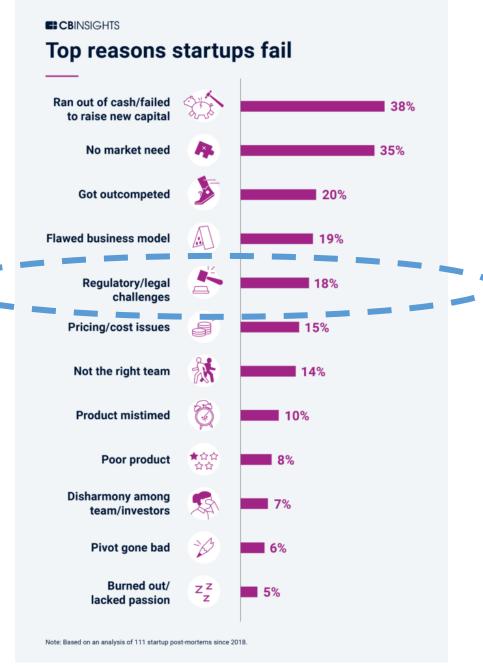




# 5) Without a realistic regulatory strategy there is no successfull market introduction







#### Strengere Europese regels voor medische hulpmiddelen brengen ziekenhuizen in problemen deVolkskrant

27 October 2023

# Case study finds regulatory challenges are affecting MedTech innovation in the UK

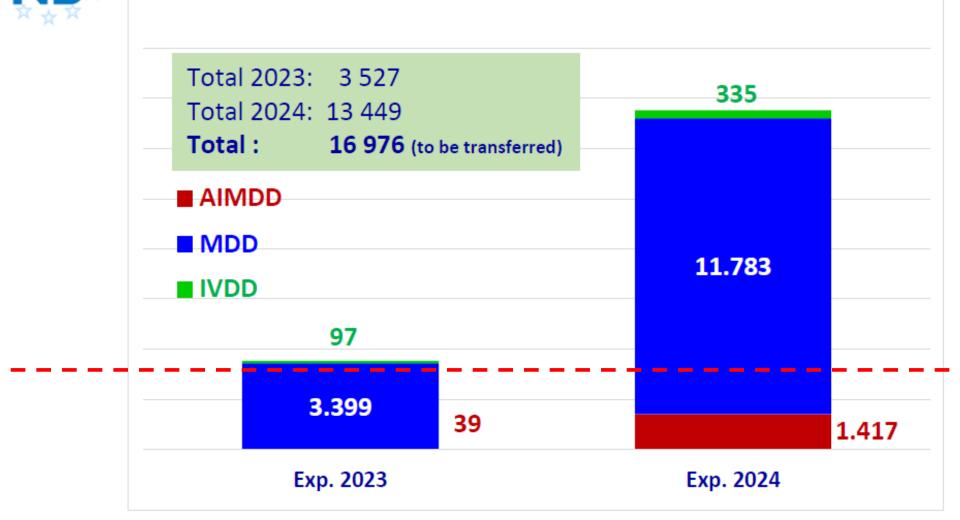
Researchers from the King's School of Biomedical Engineering & Imaging Sciences have published a new study analysing the impacts of regulatory challenges on medical technology development projects in the UK.





Source: https://www.cbinsights.com/research/report/startup-failure-reasons-top/

The European Association for Medical devices of Notified Bodies



Estimated capacity 3200 per year





Source:

https://www.team-nb.org/wp-content/uploads/members/M2023/Team-NB-MD-Sector-Survey-PressRelease-20230411.pdf

# 5) Without a realistic regulatory strategy there is no successful market introduction

#### 8 recommendations:

- a) Who is responsible for **Quality** & **Regulatory**?
- b) Implement Quality Management System (QMS) according to ISO 13485-2016
- c) Consider different regulatory submission strategies (ie. MDR vs FDA), gain advice!
- d) Select and contract a Notified Body (**NB**)
- e) Understand the core concepts of:
  - ISO 14971 Risk management for medical devices
  - IEC 60601 Safety and performance requirements for electrical medical devices
  - IEC 62366 Human factors engineering (usability)
  - IEC 62304 Medical device software
- f) Start with Technical File **(DHF)** right from the beginning, not at the end... (and check your supplier)
- g) Setup **Quality Agreement** with your supplier(s)
- h) Validation of manufacturing processes (IQ/OQ/PQ) should not be underestimated



# From concept to patient: 5 key-factors for successful Medical Device Development:

- The power of Proof of Concepts (PoC)
- 2) Strong product definition, validated with stakeholders
- 3) Team extension through early supplier involvement
- 4) The importance of verification & validation
- 5) Without a realistic regulatory strategy there is no successfull market introduction





"Chilling. . . . Reads like a thriller. . . . [Told] virtually to perfection." —The New York Times Book Review

The Story of Elizabeth Holmes and Theranos

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# BAD BLOOD

Secrets and Lies

in a Silicon

Valley Startup

## John Carreyrou

With a Post-Sentencing Afterword





'The Inventor: Out for Blood in Silicon Valley'

**Now Streaming on HBO Max** 







6 februari 2024 | Van der Valk Vianen

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